

OAC

Half Year Teams



Rise Together Conquer Together



O.A Cheerleading
4555 Paradise Road
Dover, PA 17315

Email: oacheerleading@gmail.com



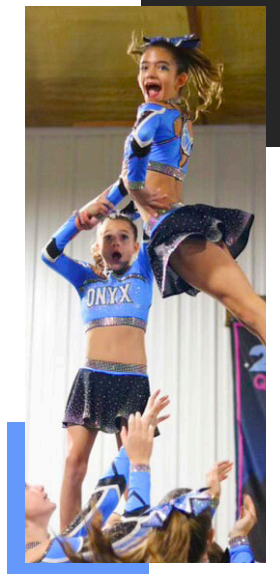
Welcome to our OAC Family

Thank you for your interest in the OAC program. Now entering our 5th season of successful competitive all star cheerleading. Our family oriented atmosphere, competitive spirit, along with coaches that live and breathe the sport, make OAC one of Central PA's fastest growing cheerleading gyms. In only our fourth season OAC teams are winning their division and grand champs at competitions. Our three Elite teams have won partial paid bids to Allstar Worlds in Florida. Our teams will be heading there in April.

We currently have teams ranging from Novice/Prep through Elite levels that include athletes ages 4 through 18. Our teams are highly competitive within their respective divisions. Our talented staff provides not only some of the best training, but also takes pride in motivating our athletes to achieving their goals. We also offer a Cheerabilities team for athletes with physical and/or mental disabilities.

We strongly believe that our success originates from the dedication and commitment of our athletes and our parents. We encourage positive attitudes and respectful behavior among our students. Our goal is to develop the best teams possible, as well as instill qualities and values that will last a lifetime.

Inside this packet you will find all of our program information for our half year teams. Should you have any questions please feel free to reach out to us at: oaccheerleading@gmail.com



Evaluation Process

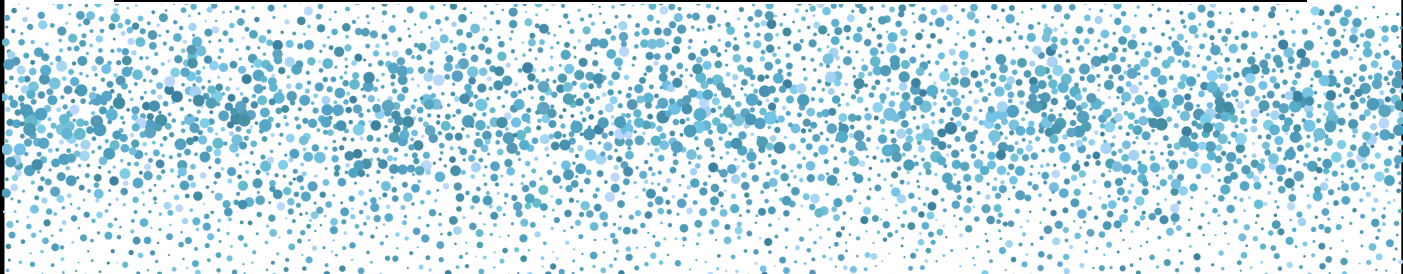
All athletes will be evaluated on individual skills as well as their basing/flying ability. Once evaluations are completed, we begin to assemble rosters and teams. The selection of teams is a very tedious and often complicated process. We select teams to be the most competitive in each level. Many factors go into placing teams. We build teams based on skills that have been MASTERED, not new skills that are currently being worked on. The USASF age grid and division requirements will be the basis of how teams are built.

TRUST THE PROCESS!

Contact us for a private tryout

PUBLIC EVALUATIONS:
Day: TBD Month: October
Ages 4 to 15

Team Placements:
The day following evaluations



Please complete pages 12-17 and submit forms prior to your scheduled evaluation.

- ___ Family Information Form (page #11)
- ___ Credit/Debit/ACH Authorization Form (page #12)
- ___ Medical Information Form (page #13)
- ___ Financial Obligation Form (page #14)
- ___ Waiver of Liability (page #15)
- ___ Social Media Policy (page#16)

***Completed paperwork should be returned at evaluations.**

Attendance Policies

We will begin meeting and practicing in October after evaluations and continue through March. We realize many children and young adults are involved in a variety of activities; however, we cannot make exceptions for schedule conflicts. We expect top priority and 100% commitment and attendance. We are able to keep extra practices to a minimal because our practices are productive and mandatory.

- All planned excused absences MUST be sent in writing to oacheerleading@gmail.com at least two weeks prior to the absence.

Excused absences include: Hospitalization, serious illness or injury, death in immediate family, schedule school field trip, scheduled school program or ceremonies dealing in academics only.

Unexcused absences include: School cheer, Recreational sports/activities, non-life threatening illnesses (athlete required to observe the team of any changes if too ill to participate), transportation issues, concerts, vacations, hair, nail or non urgent medical appointments.

Missing a competition is grounds for removal from program.

- The allotted amount of absences are listed below:
 - *2 allowed missed practices October-December 20th
 - * 2 allowed missed practices January 6th -April 31st
 - * 0 allowed missed practices the week of competition

(If a child misses practices the week of a competition it will be up to the coaches discretion as to whether they will or will not compete at the event)

- * 0 missed practices 2 weeks prior to end of season competition for extra practices (Monday-Sunday – times/dates: TBD)

- Any athlete that breaks this attendance policy will be required to set up a meeting with the director & coaches. Further absences will result in athletes removal from the program.

Expectations of athletes attendance include but are not limited to:

- Make OAC priority over any other extracurricular activities
- Attend and be prepared to participate in all OAC activities regardless of illness or injury unless otherwise recommended by a doctor through valid written documentation
- Notify OAC immediately when an injury occurs. (oacheerleading@gmail.com)
 - Arrive at least 15 minutes early to all OAC activities
- Schedule all vacations as to not interfere with OAC activities



VACATIONS

Vacations are not excused during the cheer season unless they are disclosed and approved before or at evaluations.

Please schedule trips and family gatherings to not interfere with OAC competitions, practices and activities.

There are no excuses to miss a competition unless an athlete is extremely ill or has an extreme circumstance.

OAC Will be Closed For the Following Dates for Holidays:

Memorial Day- May 26th 2025

4th of July- June 29th - July 6th 2025

Labor Day-September 1st 2025

Halloween-October 31st 2024

Thanksgiving- November 27th -30th 2025

Christmas/New Years- December 24th 2025- January 1st 2026

Easter- April 5th 2026



Sick/Injury Policy

- **Must let coaches know of sickness/injury within 24 hours**

Call your Coach OR

**Email OACheerleading@gmail.com as soon as possible
so that we may have time to find an athlete to fill in for practice or competition.**



***THE GYM SHOULD BE THE FIRST ONE NOTIFIED NOT OTHER ATHLETES OR PARENTS**

Nothing is more important than the health and safety of our athletes and staff. If there is a question about an athlete's health and whether that athlete should come to practice, please contact the coach prior to the athlete arriving at the gym. We understand that our athletes will also have illnesses and injuries that prevent them from participating in practice. If an athlete is injured or sick, they will be expected to attend practice. In the case of injury, the athlete must provide a doctor's note with detailed information regarding the injury, treatment plan and length of recovery. Extended injury may jeopardize an athlete's position on his/her team. If a student is injured at home or during other extracurricular activities, we ask that you please notify us as soon as possible. We will make changes with choreography/routines based on the person's injury and length of recovery. Once the individual has fully recovered and has been cleared by their physician, he or she may or may not be choreographed back into the routine. This is the gym's discretion based on the best interest of the team... not the individual. The coaches have complete discretion in replacing athletes for short-term team needs or for the remainder of the season. All injured/ill/quarantined athletes must continue to pay their monthly tuition. Anyone selected as a crossover substituting for any athlete for any reason will automatically receive the original athlete's registration for competitions. We retain the full right to replace athletes that are sick or injured. Athletes that are replaced due to sickness or injury by another athlete at a Competitions where bids or prizes are being given awarded the replacement athlete will receive bid/prize. Sometimes we are able to get an additional prize for the injured or sick athlete, however, this is not guaranteed.

Practice Information & Rules

You can expect practices to be 1 to 2 hours long during the week. Practices are posted on the team calendars. We do our best to give you as much notice as possible in the event that additional practices are needed, i.e. injury, athlete quit, nationals, please be flexible.

It is important that athletes arrive **ON TIME** to practices and **READY** to practice. Athletes should arrive 10-15 minutes prior to the start of practice to put their shoes on, fix hair, go to the bathroom, etc... We will start practices on time. Same goes for picking up athletes at the end of practices. If you see you are running late please call or text your coach asap!

If your athlete is running late to a practice you must **TEXT** or **CALL** your coach. Do not tell other athletes to tell your coach.

Other Practice Rules:

- *Hair must be secured back or up.
- *Cheerleading sneakers must be worn for all practices.
- *There is to be **NO JEWELRY** worn at practices, which includes all earrings, belly button rings, and necklaces. This is for the safety to the one wearing the jewelry and for those either flying or basing who might be injured as a result.
- *Athlete **CELL PHONES** should be turned to **SILENT** during practice times.
- *There is to be **NO GUM** whatsoever at practices or competitions.
- *There is to be **NO** excessively long fingernails or sculpts.
- *All practice schedules will be posted online.
- *In the event of inclement weather, we will post updates on our facebook page.
- *Our main communication is through email please make sure you check your emails on a daily basis!
- *No Baggy Tshirts or jeans
- ***ALL PRACTICES ARE CLOSED.** Only registered athletes are allowed in the building during practices.
- *Siblings, family members or friends are not allowed in the practice areas without permission.
- *OAC is not responsible for any personal items lost or stolen.





Fundraising

We understand that all star cheerleading is an expensive sport. We want to give you ample opportunities to help pay for your many costs. There will be plenty of optional fundraisers that you may decide to participate in throughout the season. Information for these will be emailed and posted on the facebook page. If you have any ideas you would like to share please feel free to email us at: oacheerleading@gmail.com.

With that being said, the gym also has many expenses too. Each athlete will be required to participate in 1 MANDATORY FUNDRAISERS during the season. The fundraisers will help pay for insurance costs, equipment, utilities, coaches training, and more. These will be announced after evaluations.

Code of Conduct

A member must always be a strong representative of OAC and a positive reflection of his/her teammates. Abusive behavior, lying, and or any other form of negative behavior are grounds for removal. This includes disrespect to parents, grandparents, and guardians. We have a ZERO tolerance policy for athlete alcohol or drug use. We will not tolerate negative comments about our staff, teams, and other programs. Many of you communicate via e-mail, Facebook, and Band. Please remember that anything you say is a direct reflection of this organization.

NOTE: If you are caught sending rude or inappropriate messages on SOCIAL MEDIA, you will be subject to immediate removal!

In addition, you CANNOT use the OAC name or any variation of our name in your E-mail address.

Teammates are expected to treat one another with mutual respect. We do not tolerate pettiness, gossiping or cliques, which attempt to exclude or alienate certain members. Back talk, rolling of eyes and any other disrespect for instructors or teammates is unacceptable. A problem between a student and staff member will first be addressed between student and coach/director. If not solved, a parent will be notified of the problem or infraction of the rules and will be expected to assist the instructor in solving the problem. We will handle any disciplinary problems privately and professionally.

All athletes AND parents must always:

- Set a positive example for others to follow
- Be respectful and courteous to everyone
- Schedule an appointment to speak with a coach/staff member to discuss any issues that may arise
- Refrain from gossiping or any form of verbal or physical confrontation
- Refrain from celebrating the misfortune or defeat of another person, team, or program
- Accept team placements and awards with dignity and class



Uniform Policies

The uniform you are being issued is owned by you in a series of payments throughout the season. Each Cheerleader issued a uniform is responsible for properly handling and caring for it throughout the season.



All cheerleaders must abide by the following terms and conditions when receiving an OAC uniform:

- You are responsible for any stains, tears and/or other damages to the uniform while in your care.
- You are to keep the uniform clean and in its issued condition. Follow the washing instructions you have been provided with. **DO NOT** dry clean your uniform!
- Uniforms are only to be worn for designated cheerleading activities/events **ONLY**.
- **DO NOT** alter any part of your uniform. Any and all alterations **MUST** be approved by a coach ahead of time.
- Any lost or damaged uniforms will result in you being responsible for buying a new uniform replacement at approximately \$300.00.
- If you should quit the team mid season the uniform will become OAC property (due to not all payments being made). You will have the option to pay off the balance or return the uniform to OAC.
- At competitions, Cheerleaders **MUST** stay in uniform for the **ENTIRE** duration of the event.

Schedule

The season will run from October to the end of March. Evaluations will be in October with team placements being the next day. Practices will begin that following week.

- Practices will be once a week, 1 to 2 hours long (depending on team).
- Competitions will occur January through March. They will compete in 5 to 6 competitions.
- All competitions will be within 2 hours (probably closer), except for the national comp.
- They will end their season with a National Competition within a few hours radius.



Productive Communication



IN THE GYM – CLASSES & PRACTICES

Coaches are focused on instructing and teaching the athletes. Parents should never approach a coach during a class or practice. Coaches will be available for a reasonable time following classes and team practices to answer any questions regarding your athlete, their needs, and their individual progress.

AT COMPETITIONS

Coaches are focused on the team and athletes and are there to coach. Any issues that arise during a competition will be addressed during the week following the competition. Parents should never approach a coach with an issue at any point during the competitions.

COACHES WILL NOT DISCUSS

O.A. Cheerleading has strict company policies in place that prohibit discussions that involve: Information regarding other OAC athletes and/or parents. Comparisons of: their athlete to another athlete; coach-to-coach; or OAC Company to any other cheerleading training facilities. Other topics and issues that deem inappropriate for discussion Strategic decisions (e.g., placements made in formations, decision of why an athlete was moved, added, removed, or replaced in stunts and tumbling sections) in a public setting.

ATHLETE -TO-COACH COMMUNICATION

We strongly encourage parents to have their athletes speak with the coaches directly in regards to, but not limited to, the following issues, should they arise: Routine element questions Individual and group skill preparedness Injury/Illness Outside events that may affect performance

OPEN DOOR POLICY

OAC keeps an open-door policy with communication to help each parent and athlete understand every decision in which they are involved. The following are examples of meetings you should request via email . You or your athlete would like a better understanding of routine placements, team decisions, etc. There is a matter that seems to remain unresolved after talking with your coach.

24-HOUR RULE

If you have a problem or concern please follow the chain of command:

1. Email or Call Coach
2. Email or Call Gym Manager
3. Email or Call One of Gym Owners

When the need to speak to the coach is fueled by an emotional response, we find that 24 hours allows for cooler heads to prevail and promotes a more productive dialog. Unless there is an immediate safety issue, we ask you wait 24-hours before contacting your coach. This allows some time to logically assess the situation and afford a "cooling off" time for all parties so things can be discussed in a calm, unemotional manner and not "in the heat of the moment". We understand that issues involving a child are very important and require quick resolution; therefore, we want to ensure that the situation is handled in a constructive manner. It is inappropriate for an athlete or a parent to approach other OAC members about a problem, issue or dispute they may have with an OAC coach or teammate regarding personal objections to coaching decisions and/or disagreements with an administrative decision. This leads to unnecessary drama and problems and will result in immediate dismissal from the OAC program.

Rise Together

#RTCT

Conquer Together

General Rules



***24 hour rule!** Please wait 24 hours before emailing or speaking to a staff member. If you have a question or concern that needs IMMEDIATE attention please follow the chain of command.

1. Email or Call Coach 2. Email or Call Gym Manager 3. Email or Call One of Gym Owners

*Accounts must be up to date in order to take private lessons of any kind.

*No gossip about any OAC team will be tolerated. We are a Family!

*If an athlete quits or is removed from the program and you have a credit to your account you MUST use it in the pro-shop or for classes. No private lessons will be allowed.

*Parents, friends, relatives or cheerleaders are never allowed to talk with competition officials for any reason.

*Parents are never allowed to represent OAC under any circumstances concerning accommodations, competitions or other situations.

*There will be no arguing or questioning of the coaching staff's decisions at competitions.

*Only cheerleaders and coaches are allowed in the gym during private lessons, practices and tumbling classes.

*No spots are guaranteed on any team and athletes may be moved if not able to perform required skills for a specific team.

*The use of the OAC logo cannot be used without express written permission of owners. All team apparel must be approved by OAC owners. Anyone that attends to sell or give away items with the OAC colors, team names or logos will be in violation of policy.

*OAC coaches/owner reserve the right to change a team's division level at anytime throughout the season.

*No routines/choreography should be videotaped and uploaded to the internet without permission from OAC coaches/owners. Please wait for permission to post competition videos until permission is given.

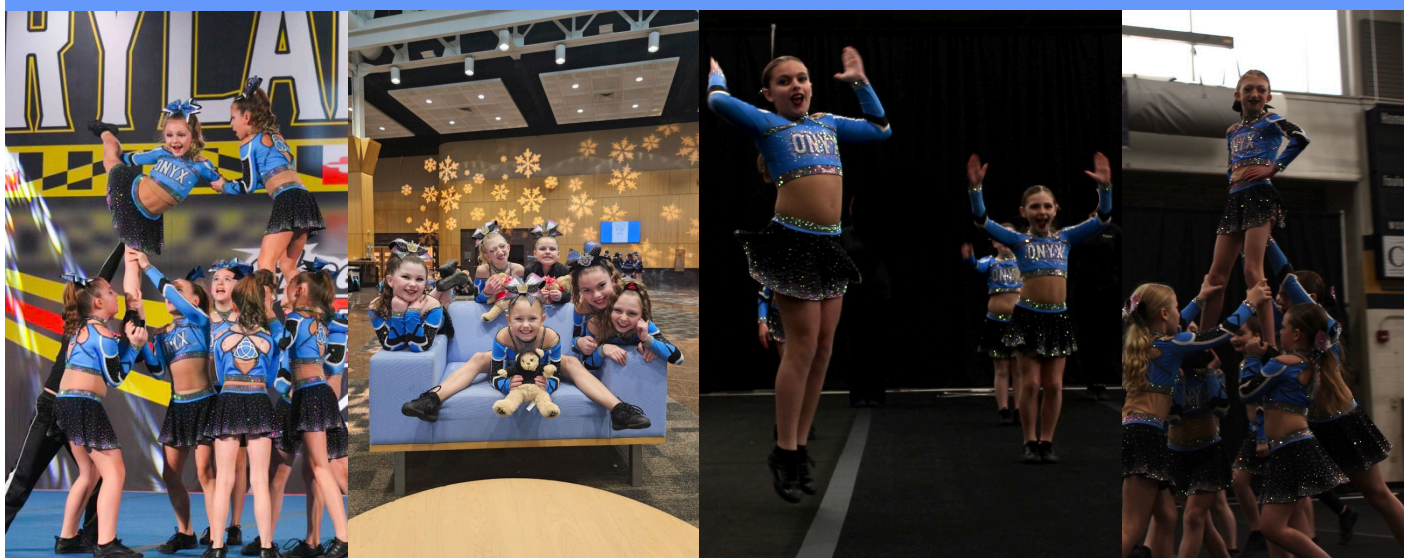
*OAC reserves the right to Move, replace, add, suspend, or even dismiss an athlete for a period of time or indefinitely from a team or the entire program based on criteria including but not limited to: - Attendance (see attendance policy) - Conduct - Skills - Finances - Parent conflicts

* OAC reserves the rights to decide if an athlete may participate on more than one team.

*OAC reserves the rights to decide the roles/positions an athlete will have/play on their team(s). (i.e. base, flyer, back spot, tumbler, dancer, alternate, etc.)

*In order for an athlete to be a Crossover they must - Be in good financial standing - Be willing and able to fulfill all the responsibilities required by each team - Be responsible for any additional entry fees they incur beyond their first team.

*Withholding your athlete from a practice or competition should never be a form of punishment.



Half Year Costs

FEES	ALL STAR Prep	ALLSTAR NOVICE
Registration	\$35	\$35
Monthly Tuition Includes comp fees	\$180	\$140
Crossover Fee	\$10	\$5
Practice Wear	\$75	\$75
Choreography & Music	\$150	\$110
Uniform	\$300	\$150
Sneakers	\$95 - 105	\$95 - 105
Comp Bow & Makeup	\$50	\$50
OAC Warm Up Jacket	Approx. \$100	Approx. \$100
Mandatory Fundraisers	\$50	\$50

Comp Fees are now included in monthly fees (except end of season event)

Fundraising will be available throughout the season to offset costs.

Financial Obligations



*Monthly tuition is auto-drafted on the 1st of every month October-March and will be done through a debit or credit card. If you have a credit on your account, the credit will be used instead of your card.

*All expenses can be paid through cash, credit or debit card, and checks made payable to Onyx Allstar Cheerleading. You can enroll in auto-pay for all fees, not just tuition if you choose. A 3.5% service charge will be added to all card payments

*Anyone threatening to quit or pull their child from a team may be dismissed from the program and are responsible for any other fees up to date. If an athlete decides to quit at any point, it requires extensive last-minute changes to the routine which has a great impact on not only the team, but also our staff, athletes individually and parents. We expect your full commitment for the entire season and therefore will be implementing a \$400 quit fee if your athlete quits, or the staff is forced to remove him/her from the program after October, 2024. The quit fee will be \$400 and the card on file will be charged immediately. You are also responsible for payment of any ordered practice wear, gear, warmup jacket, sneakers, or uniforms. The full amount will be charged to the card on file immediately. If your card is removed or invalid, you are responsible to pay within 7 days of quitting.

*They assume full responsibility for all costs incurred as a member of Onyx including but not limited to: gym registration, monthly tuition, practice outfits, uniforms, competition and travel expenses, or any other item(s) or services purchased or rendered to me and the payment in full of those items regardless of any circumstances that may arise such as dismissal from the team, or disbandment of the team.

* A \$25 late fee will be assessed in the for tuition payments received after the 10th of every month.

* Any payment attempts resulting in an NSF (non-sufficient funds), declined credit card, expired credit card, returned check and electronic debits etc. will incur a \$25 service charge.

*OAC reserves the right to remove an athlete from their team at any time for failure to keep up with financial obligations.

Athlete accounts that become over 30 days behind could result in an athlete being sat out from practices and/or competitions until the account is brought up to date or financial arrangements have been made.

* Any monies received from an athlete/parent will be applied first to any overdue tuition/fees.

*An athlete may not pay for or participate in private lessons if they are behind in payments.

* All tuition/fees must be current before an athlete may collect any clothing/uniform or other retail items.

* If an athlete chooses to leave or if asked to leave OAC for any reason before the season is over, any and all funds applied to services and/or personalized items are non-refundable.

NON-PAYMENT

In the event of any amounts not being paid in accordance with the provisions of this contract All Star has the right to refuse to teach, train and or provide services to the cheerleader until such time as all outstanding amounts are paid. All Star is under no obligation to provide any abatement of fees for any time the cheerleader is not in attendance.

DEBT COLLECTION

The Member authorizes All Star to contact any debt collection agency in the event any account with All Star is not paid. Should this occur the full outstanding balance for the remainder of the term including any current arrears shall be immediately due in full. In addition, All Star shall add \$50 to the outstanding debt as its fee for dealing with the default. The Member also agrees to pay all collection costs incurred. The Member also authorizes All Star and or the debt collection agency to use any and all search powers available within the law to find up to date contact details for the Member to pursue the debt.

ALL STAR RULES, POLICIES AND GUIDELINES

The Member and cheerleader agree to adhere to the rules, policies and guidelines of All Star Cheerleaders as set out in the All Star Handbook and any other rules, policies and guidelines that may be set from time to time. If a Member or cheerleader break any of the rules they may be suspended or dismissed from the team.

Family Information Form



NAME OF ATHLETE

D.O.B. -----

ADDRESS: -----

CITY & ZIP CODE: -----

NAMES OF PARENTS OR LEGAL GUARDIAN:

MOM'S CELL PHONE MOM'S WORK PHONE:

DAD'S CELL PHONE DAD'S WORK PHONE:

ATHLETE'S CELL PHONE: -----

MOM'S EMAIL: -----

DAD'S EMAIL : -----

ATHLETE'S EMAIL : -----

EMERGENCY CONTACTS:

NAME: -----

PHONE: ----- **RELATION:** -----

NAME: -----

PHONE: ----- **RELATION:** -----



Credit/Debit/ACH Authorization Form

Please provide a credit/debit card number for monthly tuition payments. Monthly tuition fees will be automatically drafted on the 1st of every month. Should your credit information change for any reason, it is YOUR RESPONSIBILITY to update us! A 4% Transaction fee will be applied to cover credit card fees.

Athlete's Name: _____

CREDIT CARD

Name as it appears on the card: _____

Type of Card: _____

Credit Card Number: _____ Exp. Date: _____

Signature: _____ Date: _____

Card Holders Address with Zip code: _____

E-CHECK/ACH

Bank Name: _____

Account

#: _____

Routing

#: _____

A \$25 Fee will be applied for all returned Checks/Echecks.
Any accounts past due more than 10 days will incur a \$25 Late Fee.

Pain Reliever Consent / Medical Information



Onyx Allstar Cheerleading will not provide Tylenol, Ibuprofen or Aleve to any athlete without written permission and consent from a parent or guardian. Please indicate your preference by checking the appropriate option along with your signature.

..... NO, I do not want medication provided to my child.

..... YES, my child may be provided any of the medication listed above.

..... YES, my child may be provided and administered medicine only from the following list:

1.
2.
3.

ONYX ALLSTAR CHEERLEADING EMERGENCY MEDICAL TREATMENT STATEMENT

I, the parent/guardian of _____, give permission to O.A Cheerleading staff and any medical team to seek emergency medical attention for my child or to transport my child for emergency medical treatment if my emergency contact or I cannot be reached.

Telephone Numbers:

Day: (.....).....-..... Evening: (.....).....-.....

Emergency: (.....).....-.....

Parent/Guardian Signature:

Date:/...../.....

Athletes Name:

Team:

MEDICAL INSURANCE INFORMATION

The undersigned certified that medical insurance covers the athlete while he or she participates in cheerleading activities at O.A Cheerleading.

Insurance Company:

Policy Number:

Does your child have any medical issues we should be aware of? If Yes, please explain:

.....

Is your athlete currently under a physician's care, if yes, please explain.

.....

Is your athlete taking any prescriptions at this time? If yes, what?

.....

Parent/Legal Guardian Signature:

Financial Obligations



Financial Obligations I have read and signed the OAC Handbook. I understand that certain violations of team rules may subject the athlete to appropriate disciplinary actions as set forth in the OAC Handbook.

In the event the athlete's status on a team changes in any way, whether suspended or dismissed from the OAC program for disciplinary reasons, or moved to another team or placed as an alternate, I remain obligated to pay all costs and fees associated with having a spot on a team list for the entire 11 months and will receive no refunds of monies previously paid.

The OAC 2024-2025 Financial Obligations, which is part of the All Star Handbook, dictates the exact payment amounts. All financial obligations are considered a part of this agreement and incorporated by this reference thereto.

I understand that:

1. Monthly payments must be paid on the 1st of each month starting November 1st, 2025 with last payment being on March 1st, 2025. I will be assessed a \$25 late fee if any monthly fee is not received by the 10th day of the month.
2. I am solely responsible for all travel costs associated with out-of-town competitions including transportation, lodging and food.
3. OAC is hereby authorized to initiate all payments owed through automatic credit card billing, as indicated on the authorization form attached hereto. I understand that OAC will initiate payment from my account or credit card on the 1st day of each month.
4. I will be assessed \$25 fee, per occurrence, of a check or authorized bank draft returned to OAC due to insufficient funds.

ACKNOWLEDGMENT OF RULES, INFORMATION & FINANCE CONTRACT

I, the parent/guardian of , acknowledge I received and have read the 2025-2026 Information Packet.

I understand and agree to abide by the rules, regulations and policies set forth in the Information Packet. _____ (initial)

I further acknowledge, understand, and agree, that if my child decides to quit, is injured, or is removed from the team there will be NO REFUNDS for any amounts paid including tuition, uniform, coaches' fees, competition fees, or practice wear and includes the FULL remainder of the 11-month contract. _____ (initial)

I acknowledge, understand, and agree that the payment of tuition, expenses and other fees does not guarantee the right for my child to perform and that my child must meet the skill requirements. _____ (initial)

I have read and understand the evaluation information.

Parent Initial _____ Athlete Initial _____

I have read and understand the program fees and financial .

Parent Initial _____ Athlete Initial _____

I have read and understand the scheduled holidays, injury and attendance policy.

Parent Initial _____ Athlete Initial _____

I have read and understand the team practice rules, travel, social media and code of conduct.

Parent Initial _____ Athlete Initial _____

Athlete Name: _____

Parent/Guardian Signature _____ Date ____/____/____

O.A CHEERLEADING
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT



If the Participant is not 18 years of age or older, then the following Parent or Guardian Consent must be read and signed before the Participant is allowed to use the GYM and its facilities. PARENT OR GUARDIAN CONSENT If the Participant is not 18 years of age or older, then the following Parent or Guardian Consent must be read and signed before the Participant is allowed to use the GYM and its facilities. Dated: _____, 20____ PARENT OR GUARDIAN: I represent that I am the parent or guardian of Athlete. _____ PRINTED NAME SIGNATURE

PARENT OR GUARDIAN CONSENT I have read and understand the terms of this WAIVER, RELEASE AND ASSUMPTION OF RISK AGREEMENT and unconditionally agree to its full terms, statements, warranties, notices, representations, waivers and releases on behalf of both myself and marital community, if any, and my child or ward, whose name is: All such terms, statements, warranties, notices, representations, waivers and releases fully apply to my child or ward as if I was the participant. I understand that, by signing this Consent, I am giving up important legal rights both on behalf of myself and my child or ward regarding potential rights and claims against OAC. I have had sufficient opportunity to read this entire document. I have read and understood it, and I agree to be bound by its terms. I hereby warrant and represent that if I am neither the Child's Parent nor legal Guardian, I have been granted the expressed authority to execute this Waiver, Release and Assumption of Risk Agreement by, and on behalf of, the Child's Parent or Guardian. In the event that I do not have the authority to execute this agreement on behalf of another, I agree that I shall be solely liable for any and all claims, actions, penalties, causes of action, services, fees or similar expenses.

 Print Your Child's Name _____ Child's Date of Birth _____

Dated _____, 20____

 PRINTED NAME OF PARTICIPANT/GUARDIAN

 SIGNATURE OF PARTICIPANT/GUARDIAN

Relationship to Child or Ward: _____

Parent/Guardian Telephone Number: _____

Parent/Guardian Address: _____



PHOTO RELEASE

I agree to have my child's likeness, image or photograph to be used at any time for marketing and promotional materials including our web site and all social media outlets.

Parent/Legal Guardian Signature:

Email: _____

OAC Social Media Policy



Onyx Allstar Cheerleading program recognizes and supports the student athletes' rights to freedom of speech, expression and association, including the use of social networks. In this context, however, each cheerleader must remember that performing for O.A Cheerleading is a privilege. As a cheerleader, you are expected to portray yourself, your team, and your organization in a positive manner at all times.

This includes ALL social media outlets. Please understand that if you participate in social media, you are responsible for anything you post. This includes, but is not limited to: photos you post, statuses, snapchats or tweets you post, "like" or retweet, groups you join, pictures others post of you, and statuses or tweets others post to your page. It is important to exercise care while using social media and to understand that what may seem private in the digital world can often become public, even without knowledge or consent.

Athlete Accounts Should Not Include:

Incriminating photos or statements depicting violence, hazing, sexual harassment, full or partial nudity, inappropriate gestures, (including giving the middle finger), vandalism, underage drinking, selling/possessing/using controlled substances, (including vaping) or any other inappropriate behavior (including the use of profanity). Not only is this dangerous, but it can result in removal from your team.

Athlete and Parent Accounts Are Prohibited From:

Making credible threats or serious physical or emotional injury to another person. Simpler put, bullying, or cyber bullying. Making disparaging comments about cheer coaches, cheer athletes, cheer programs, event producers, or the results of an event. Posts related to the gym need to be above-board.

Keep in mind, someone is watching you at all times and will not hesitate to report you if you are doing something inappropriate. Any posts deemed inappropriate will result in probation followed by possible removal from the team. Any behavior that discredits any OAC team, its owners, coaching staff or employees will result in disciplinary action to be proportional to the offense. The owners reserves the right to determine the severity of punishment, which could range from reprimand to dismissal from the team.

By obeying the rules and regulations, it will enable us as a team to progress in performance and abilities to become one of the best cheer teams, allowing everyone to have an enjoyable season!

As a OAC Cheerleader, you have agreed to and understand the social media policy. By signing this page, I am accepting full responsibility for my social media activities, and will follow the regulations as set forth.

Cheerleader NAME: _____

I have the following: _____ Facebook _____ Instagram _____ Tik Tok _____ Twitter

Cheerleader Signature: _____

Parent NAME: _____

Signature: _____